SafeWork NSW 

16 May 2025

Megan McCarthy

92-100 Donnison Street

Gosford NSW 2251

Re: Letter of Referral for Syeda Wardah Tahir

To Whom It May Concern,

It is with great pleasure that I provide this letter of referral for Syeda Wardah Tahir, following her successful completion of a 300-hour internship with the Regulatory Engagement Team at SafeWork NSW. During her time with us, Wardah made a significant and lasting contribution to our work within the Health Care and Social Assistance sector, demonstrating both intellectual rigour and genuine commitment to public health and workplace safety.

Wardah quickly became a valued member of our team, contributing to a range of high-impact projects. Notably, she played a key role in shaping the 2023–2025 Health Care and Social Assistance Commitment evaluation plan, applying strong policy evaluation skills to help define performance indicators and measurable outcomes. Her ability to approach complex regulatory and health-related challenges with a public health lens was evident throughout her work.

She also contributed to several stakeholder presentations on priority topics, including hospital violence prevention and aged care safety. Her clear and thoughtful communication style helped ensure these materials were accessible and engaging for a broad audience. In addition, Wardah supported the development of newsletters, presentations, and other communication tools designed to raise awareness of inclusive WHS practices, demonstrating both technical ability and a strategic understanding of behaviour change communications.

Wardah brought a clear commitment to equity and inclusion, contributing meaningfully to the Inclusive Action Group and the development of our Disability Action Plan. Her work in this space reflected both sensitivity and professionalism, along with a strong grasp of inclusive policy design.

Throughout her internship, Wardah consistently demonstrated initiative, professionalism, and reliability. She managed multiple tasks efficiently and responded to shifting priorities with maturity and focus. Her ability to work both independently and as part of a multidisciplinary team was a clear asset to our group. She also showed sound judgement, a collaborative approach, and a genuine interest in the broader goals of our regulatory programs.

Wardah’s capacity to apply evidence-based policy methods, translate technical content into plain language, and collaborate across sectors makes her well-placed for any future role in public policy, workplace safety, or health promotion. She leaves our team with our highest regard and appreciation.

I would not hesitate to recommend Syeda Wardah Tahir and would be pleased to provide further information if required.

Sincerely,

**Megan McCarthy**

Team Coordinator – Health Care and Social Assistance Regulatory Engagement Team SafeWork NSW